

Seminar Report



Organized by

Panchmura Mahavidyalaya

Panchmura, Bankura, West Bengal

Academic Session: 2022-2023

"Celebration of World Health Day: Health for All"

Theme: Celebration of World Health Day: Health for All

Date: April 13, 2023

Venue: Seminar Hall (Panchmura Mahavidyalaya)

Organizer: IQAC, Panchmura Mahavidyalaya

Objectives:

- To raise awareness about the necessity to maintain good physical and mental (and emotional) health
- The consequence of good physical, mental and emotional health to improve the lifestyle to have a happy human life.
- To create awareness regarding the health issues in developing world.
- To celebrate the founding of WHO.

Resource Persons:

- **Dr. Tushar Kanti Halder**, the Principal of Gobinda Prasad Mahavidyala
- **Dr. Debabrata Das**, Bankura Sammilani Medical College
- **Dr. Basanta Behara**, Bankura Sammilani Medical College
- **Dr. Pritam Bhattacharya**, Bankura Sammilani Medical College

Inauguration & Welcome Address:

The seminar started with the opening remarks by **Dr. Arpita Bhowmick**, the IQAC Coordinator & Assistant Professor in the Department of Economics at around 12:30 pm. The inaugural speech was given by **Dr. Anal Biswas**, the Principal of Panchmura Mahavidyalaya.

Key note address:

Dr. Tushar Kanti Halder, the Principal of Gobinda Prasad Mahavidyala was the first resource person in the seminar; he was invited as the Chief Guest of the programme. In his speech, **Dr. Halder** described the significance of the celebration of the World Health Day. Next, the resource persons delivered their speeches. **Dr. Debabrata Das** highlighted the need and ways to be physically active. In his talk he further spoke about the importance of healthy and well - balanced diet and the importance of maintaining hygienic life. **Dr. Basanta Behara** described different

strategies to defeat different health challenges, which are matter of concern worldwide. **Dr. Pritam Bhattacharya** spoke about the necessity of uniform distribution of food, hygiene and medical facilities worldwide irrespective of countries, caste, religion, language and socio-economic differences.

Interactive Session:

There were total 111 participants, which include students and teaching-nonteaching staffs. During interactive session, questions and views were shared by the participants. All questions which were raised by the audience, were addressed by the resource person.

Vote of Thanks:

The programme wrapped up around 3.00 PM with the vote of thanks given by **Dr. Debiprasad Misra**, (the convener of the seminar, HOD & Associate Professor in the Department of English). Program ended with National Anthem at around 3:30 PM



Inaugural session: Felicitations of Chief Guest and Resource persons



Dr. Tushar Kanti Halder, the Principal of Gobinda Prasad Mahavidyalaya and the Chief Guest of the programme is delivering the speech



Resource persons are delivering their speeches



Closing of the seminar with National Anthem

Outcome of the seminar:

- Increased awareness to improve lifestyle, which is necessary to maintain physical, mental and emotional health.
- Developed knowledge about the measurements world can initiate to tackle different health challenges today and tomorrow.
- Necessity and required initiatives to build a fairer and healthier world for everyone and required

Dr. Debiprasad Misra

(The Convener of the Seminar, HOD & Associate Professor in the Department of English, Panchmura Mahavidyalaya)