Seminar Report



Organized by

Panchmura Mahavidyalaya

Panchmura, Bankura, West Bengal

Academic Session: 2022-2023

"Celebration of World Health Day: Health for All"

Theme: Celebration of World Health Day: Health for All

Date: April13, 2023

Venue: Seminar Hall (Panchmura Mahavidyalaya)

Organizer: IQAC, Panchmura Mahavidyalaya

Objectives:

• To raise awareness about the necessity to maintain good physical and mental (and emotional) health

- The consequence of good physical, mental and emotional health to improve the lifestyle to have a happy human life.
- To create awareness regarding the health issues in developing world.
- To celebrate the founding of WHO.

Resource Persons:

- Dr. Tushar Kanti Halder, the Principal of Gobinda Prasad Mahavidyala
- Dr. Debabrata Das, Bankura Sammilani Medical College
- Dr. Basanta Behara, Bankura Sammilani Medical College
- Dr. Pritam Bhattacharya, Bankura Sammilani Medical College

Inauguration & Welcome Address:

The seminar started with the opening remarks by **Dr**. **Arpita Bhowmick**, the IQAC Coordinator & Assistant Professor in the Department of Economics at around 12:30 pm. The inaugural speech was given by **Dr**. **Anal Biswas**, the Principal of Panchmura Mahavidyalaya.

Key note address:

Dr. Tushar Kanti Halder, the Principal of Gobinda Prasad Mahavidyala was the first resource person in the seminar; he was invited as the Chief Guest of the programme. In his speech, **Dr. Halder** described the significance of the celebration of the World Health Day. Next, the resource persons delivered their speeches. **Dr. Debabrata Das** highlighted the need and ways to be physically active. In his talk he further spoke about the importance of healthy and well - balanced diet and the importance of maintaining hygienic life. **Dr. Basanta Behara** described different

strategies to defeat different health challenges, which are matter of concern worldwide. **Dr. Pritam Bhattacharya** spoke about the necessity of uniform distribution of food, hygiene and medical facilities worldwide irrespective of countries, caste, religion, language and socio-economic differences.

Interactive Session:

There were total 111 participants, which include students and teaching-nonteaching staffs. During interactive session, questions and views were shared by the participants. All questions which were raised by the audience, were addressed by the resource person.

Vote of Thanks:

The programme wrapped up around 3.00 PM with the vote of thanks given by **Dr. Debiprasad Misra**, (the convener of the seminar, HOD & Associate Professor in the Department of English). Program ended with National Anthem at around 3:30 PM



Inaugural session: Felicitation of Chief Guest and Resource persons



<u>Dr. Tushar Kanti Halder, the Principal of Gobinda Prasad Mahavidyalaya and the Chief</u>

Guest of the programme is delivering the speech





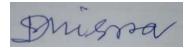
Resource persons are delivering their speeches



Closing of the seminar with National Anthem

Outcome of the seminar:

- Increased awareness to improve lifestyle, which is necessary to maintain physical, mental and emotional health.
- Developed knowledge about the measurements world can initiate to tackle different health challenges today and tomorrow.
- Necessity and required initiatives to build a fairer and healthier world for everyone and required



Dr. Debiprasad Misra

(The Convener of the Seminar, HOD & Associate Professor in the Department of English, Panchmura Mahavidyalaya)